

The Greater Allen A.M.E. Cathedral of New York

Women's Conference 2019

Transformed
ROMANS 12:2



Stamford Marriott Hotel & Spa - Stamford, CT
Thursday, April 25th, - Saturday, April 27th, 2019
The Rev. Dr. Floyd H. Flake, Pastor ~ The Rev. Dr. Elaine M. Flake, Co-Pastor

Facilitators



*Co-Pastor and Conference Host,
The Reverend Dr. Elaine M. Flake*



Bishop Millicent Hunter, Ed.D.



The Rev. Jessica Ingram, D.Min.



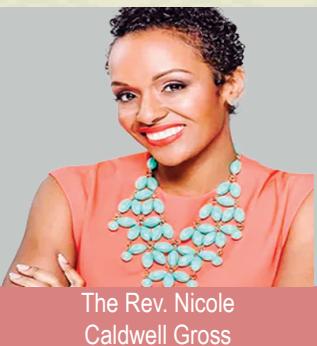
Bishop Jacqueline
McCullough, Ed.D.



The Rev. Antoinette
Alvarado, D.Min.



The Rev. Jo Ann
Browning, D.Min.



The Rev. Nicole
Caldwell Gross



Vandalyn Kennedy



The Rev. Jeanne
Porter King, Ph.D.



Evangelist
Sandra Riley



Bishop Carolyn
Showell, Ph.D.



First Lady Crisette Ellis



The Rev. Sabrina Ellis, D.Min.



The Rev. Claudette
Copeland, D.Min.



The Rev. Gina
Stewart, D.Min.



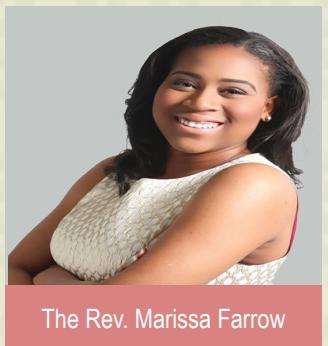
The Rev. Reva Tims



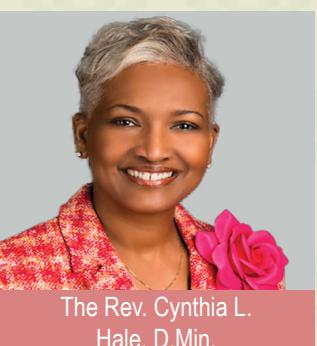
The Rev. Debbye
Turner Bell, D.V.M.



The Rev. Renita J.
Weems, Ph.D.



The Rev. Marissa Farrow



The Rev. Cynthia L.
Hale, D.Min.



Minister Carla Harris



Pastor Cordelia
Wallace



Mia Wright

General Workshops

I. Transformed to Transcend. The power of spiritual transformation is best realized when we are forced to go through seasons of grief, isolation, rejection or suffering. Spiritual maturity has to kick in and sustain us through the storms that would have defeated us. We are strengthened when we allow God to minister to us in our broken places and implement change in us, so that when we go through what we have to go through, we can go higher instead of letting the enemy defeat us.



II. Overcoming Weaknesses, Whining, and Wild Thoughts. In order to experience the abundance that God offers, we have to work at changing our perspective on God, people and ourselves. We are called to take ownership of our personal shortcomings, unhealthy relationships, self-defeating behavior, and bad theology, and find ways to re-align ourselves with the God who made us. To walk in victory, we have to be willing take a good look at who we are, stop making excuses, blaming others and instead rock our own boats.

III. Living A Spiritually Balanced Life. As we strive to have the character of Christ, we must walk in the Spirit and reject the work of the flesh. That means that we must learn to sacrifice, but not give too much of ourselves, show mercy without condoning wrong, forgive but not become an enabler, and love without loving foolishly. Ours is to search for the balance that makes us healthy, wise and effective.

A. Where's the Reset Button?

Many of us have personal experiences that we wish we could just press the reset button and start all over again. When a "Do Over" is not possible, how can we regroup and learn from the past to create a better future?

B. Time to Reconnect. We are so busy managing the lives of others that we often lose our sense of purpose, goals or dreams. During this season, I need to reconnect and find "me" again.

D. Managing the Health of My Soul.

So many women have experienced sexual abuse, abandonment, betrayal, heartbreak and loss, and we wonder if we fully recover. Emotional wounds can surely shatter the soul, challenge our faith, and strain our relationship with God. We must fight to reclaim our souls from the forces that would destroy us.

E. Money matters. As women of color, we have to do all in our power to become and remain fiscally fit. Saving, investing, and building wealth should be our goal, because being good stewards is what God requires. Let's learn strategies for handling God's money.

Early Bird Workshops

C. Big Girl Lost.

The development of self-awareness is necessary for healthy spirituality. Without honest self-reflection, our insecurities, fears, bad experiences and challenging relationships will steal our identity and we will miss the spiritual maturity that we need to walk in our purpose and alignment with God. Our personal assignment is always to be about the business of "becoming," but to do that we must embrace the truth of who we are, and be willing to move forward.

F. Prayer That Destroys, Defeats and Devours.

Jesus came to destroy the works of Satan, by overpowering principalities, powers, and the rulers of darkness of this world. It is through prayer that the women of God rise above the carnal and mundane, and it is through prayer that we can defeat our spiritual enemies and walk in victory. Let us learn how to release the power of God and experience the deliverance that we need.

Special Interest Workshops

G. "The Enemy" and the "Fight." The Word tells us: "We wrestle not against flesh and blood, but against principalities, against powers," and that "The weapons of our warfare are not carnal." Yet, on a daily basis, we are dealing with people and situations that are carnal and cause our flesh to "rise up." Our challenge is to decipher who is being used by the enemy and what situations are just natural conflicts? We need to know his schemes and tactics and be reminded of how to actually keep him under our feet, as we put on the armor of God.

H. Get Understanding. Often the Sunday morning experience is high and moving, but if the truth be told, many still do not know how to apply the Word to our everyday lives. Too many times, vital pieces of the sermon goes over our heads, or we simply are not retaining it, and this robs the believer of the tools they need to fully process and appropriate the richness of God's Word and intentions for us. How do we delve into the Word of God and understand it so that it enriches our lives?

I. Healthy Living God's Way. Eating healthily is a part of living out our faith. Some sickness and disease can be avoided or remedied by changing the way we eat. Our bodies are the temple of God, and we have to eat and drink like we believe that with our whole heart. We will discuss how to make healthy choices as it relates to food, lifestyles and surroundings.

J. Faith in the Face of Injustice. Today we are inundated with reports of injustices, bad legal decisions, and executive orders that are inhumane and detrimental. If we are not careful, anger and disappointment in leadership and the "system" will result in anxiety, pessimism and stress related conditions. Our faith demands that we stand against the evils of the day, and work to affect change. How do we deal with senseless, racially motivated murders and tragedies, and manage our anger, hurt, pain and confusion? How should we be doing ministry in this climate?

K. Generational Curses. In this workshop we will explore the nuances of "generational curses", and develop strategies for breaking the chains that have us and those we love in bondage.

L. God's Plan or Our Desires? Discerning the voice of God is often difficult. Though we sincerely may want to do God's will, when it comes to knowing if it is God speaking to us or our flesh controlling me, we are not always sure. Recognizing the voice of God is what every believer must strive to do. Our prayer is that we learn to give God control as we navigate the temptations and personal preferences that will impact our future.

M. A Satisfied Soul. I thought that I would be married by now, but I have had to learn that my timetable is not my reality. Statistics show that the odds that women of color will marry get slimmer all the time, so many are faced with the prospect of never marrying or marrying later in life. So in the midst of wondering what the future holds for me, dealing with some loneliness and disappointment, and grappling with my desires for intimacy and healthy relationships, I am fully aware of the need to keep God in the midst of all of this.

N. Who Does God Say That I Am? We live in a time in which many are very concerned about how others perceive them. But our deepest concern should be how God really sees us. After all, that is what really counts. Am I authentically Christian? Does my lifestyle please God? Am I living up to God's desire for my life? Do I have the faith and commitment that I should have? This workshop requires some honest reflection and truth telling.

O. Managing the Health of My Soul. So many women have experienced sexual abuse, abandonment, betrayal, heartbreak and loss, and we wonder if we fully recover. Emotional wounds can surely shatter the soul, challenge our faith, and strain our relationship with God. We must fight to reclaim our souls from the forces that would destroy us.

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Q. Prayer That Destroys, Defeats and Devours. Jesus came to destroy the works of Satan, by overpowering principalities, powers, and the rulers of darkness of this world. It is through prayer that the women of God rise above the carnal and mundane, and it is through prayer that we can defeat our spiritual enemies and walk in victory. Let us learn how to release the power of God and experience the deliverance that we need.

Special Interest Workshops

Bonus Workshops

1. Lightening the Load of Parental Messes, Mistakes and Messages. Daddy was absent, abusive, or detached. Mommy was overly protective, chronically unhappy, or emotionally unavailable. When we have missed out on healthy relationships with our parents, we have to work hard to experience the healing that we need to fulfill our purpose and deepest longings. Discover how women can recover from bad experiences with parents, transcend their negative behaviors, and break free from DNA proclivities to become free.

2. The Gift of Years. Life is filled with highs and lows. Disappointments will come, tragic situations will knock us for a loop, and unwanted change will bring us to tears. As the years pass, however, the regrets and victories we experience, the lessons that we learn, and the strength that we develop transform us into some powerful forces. Growing older will yield God's gifts of wisdom, discernment, and spiritual transformation.

3. Defying the Odds. Sexual abuse has the potential to destroy the woman that God created you to be. It takes prayer, determination and spiritual fortitude to move beyond the pain and emotional baggage that comes when someone violates our bodies and wounds our spirit. The truth is God gives every woman the power to break the chains of mental bondage and bitterness, and to become a dynamic and significant force in the kingdom.

4. His Voice? My Flesh? Have you ever had to conclude that what you thought was the voice of God was really your flesh talking? So often we pray and earnestly want to hear the God speak, but it is difficult to distinguish what God wants from what we want. Lord, help me to know your voice.

5. The "Greater" Within. There is one thing that we cannot deny. Greatness comes from within, and it takes courage, wisdom and faith to catapult us to those greater dimensions of success and purpose that we crave. Whether it is on the job place or a personal God-given mission, we have to push past spirits of mediocrity, fear, and sexism, and claim the new horizons that await us.

Schedule

Thursday, April 25th

Registration	12 Noon - 7:00 p.m.
An Experience in the Word (Bible Study)	3:30 p.m. - 4:30 p.m.
Early Bird Workshop	5:00 p.m. - 6:15 p.m.
Opening Worship Service	8:00 p.m.

Friday, April 26th

Registration	7:00 a.m. - 8:45 a.m.
The Morning Miracle	7:30 a.m. - 8:45 a.m.
General Workshop I	9:00 a.m. - 10:15 a.m.
Brunch	10:30 a.m. - 12 Noon
General Workshop II	12 Noon - 1:15 p.m.
General Workshop III	1:30 p.m. - 2:45 p.m.
Afternoon Power Surge	3:00 p.m. - 4:15 p.m.
Bonus Workshop	4:30 p.m. - 5:45 p.m.
Free Time/Dinner on Your Own	4:15 p.m. - 8:00 p.m.
Worship Service	8:00 p.m.

Saturday, April 27th

Registration	7:30 a.m. - 8:00 a.m.
The Morning Miracle	7:30 a.m. - 8:45 a.m.
Special Interest Workshop I	9:00 a.m. - 10:30 a.m.
Brunch/Checkout	10:30 a.m. - 12:15 p.m.
Special Interest Workshop II	12:30 p.m. - 2:00 p.m.
Closing Service	2:30 p.m. - 4:00 p.m.

Registration Information

Conference Rates: (per person)

*General Registration Rate: \$265.00

*Senior Rate: \$245.00 (Ages 65 & Up)

*Early Bird Rate: \$240.00 (January 21st - February 17th)

*Late Bird Rate: \$290.00 (April 7th - April 27th)

1-Day Rate (Friday or Saturday): \$185.00 Late Bird 1-Day Rate: \$200.00

*All rates excluding the 1-Day rates will include the following:

Register Today!

Conference Registration is available online at www.gacwomen.org. You may also register at the Cathedral every Sunday after the 7:00a.m., 9:00a.m. and 11:30a.m. worship services and on Monday nights before Women's Bible Study. Registration at the Cathedral is located in the "Rotunda" (lower level) during the Women's Season (January – April 2019).

Previous conference registrants are asked to confirm their conference photo on file. All first time attendees are asked to be prepared to take a photo during registration. Photo opportunities are available during onsite registration. All conference attendees are required to wear their ID badges and wristbands to gain admittance to workshops, worship services and meals. THERE WILL BE NO EXCEPTIONS!

Payment: Acceptable payment types are cash, money order, check, Visa, MasterCard and American Express. A minimum deposit of \$75.00 is required for installment payments. Last date to submit payment by check is April 2nd, 2019. Returned check service fee is \$35.00. Registration changes after initial entry will incur a \$20.00 processing fee.

Registration Deadlines: All registrations must be completed and paid in full by April 2nd, 2019.

CANCELLATION POLICY: HARDSHIP CANCELLATIONS ONLY I.E. SICKNESS OR DEATH, WILL BE ACCEPTED WITH WRITTEN NOTIFICATION NO LATER THAN April 25th, 2019. SUBMIT WRITTEN NOTIFICATION TO: Women's Registration Committee, GAC, 110-31 Merrick Boulevard, Jamaica, NY 11433. All approved refunds will be returned less \$50.00 processing fee after the Conference. Please allow three weeks after conference for refund.

Accommodations



Stamford Marriott Hotel and Spa

243 Tresser Blvd. Stamford CT 06901



Sheraton Stamford Hotel

700 East Main Street Stamford CT
06901

Hotel Rates: (All rooms | \$119.00 per night)

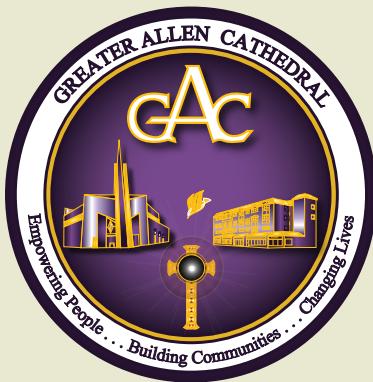
Both hotel rates are per room, per night plus 15% CT taxes and within walking distance of each other. Hotel check-in is at 3:00 p.m.

RESERVATIONS MUST BE RECEIVED ON OR BEFORE APRIL 2nd, 2019 TO ENSURE THE CONFERENCE HOTEL RATE. Conference registration is required.

Transportation

Transportation by bus to the Marriott is available for an additional non-refundable fee of \$45.00. This provides round trip transportation leaving and returning to The Greater Allen A.M.E. Cathedral of New York.

By train – Amtrak or Metro-North to Stamford train station.



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